

Sample timetable for leisure activities at Sprachcaffe Capo Vaticano (Adults)

For all trips and leisure activities clients can speak directly with our leisure team at the school. Students are of course free to decide which activities they would like to participate in. More details on the current program including information about prices and meeting points are posted weekly.

1. week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	Test / Lessons	Lessons	Lessons	Lessons	Lessons	Full day excursion to Reggio Calabria	Full day excursion to the Eolian Islands
Afternoon		Trip to Tropea incl. visit of the market		Excursion to Pizzo			
Evening	Welcome Dinner		Sunset at Capo Vaticano				

2. week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Lessons	Lessons	Lessons	Lessons	Lessons	Departure
Afternoon	Catamaran trip along the coast		Mountain bike tour		Trip to Soriano Calabro	
Evening		Live Music in Santa Domenica		Serata Calabrese		

NB: Many different catamaran, mountain bike and trekking tours are on offer
 Students can book diving courses and single dives
 The school offers a shuttle service from and to Tropea!

Further excursions include:

Half day excursion to Nicotera
 Full day trekking trip to Monte Poro
 Full day or weekend excursion to Sicily