

Toronto

# Languages for **young** people



est. 1983

**35** YEARS



**GEOS**  
LANGUAGES PLUS



1 ORGANISATION • 7 LANGUAGES • 30 DESTINATIONS • COUNTLESS MEMORIES...

## **WELCOME TO THE WORLD OF SPRACHCAFFE**

You are obviously determined not only to have a great holiday, but also to improve your **English** language skills – what a fabulous idea!

Get ready to have a great time with young people from all over the world and go back home with unforgettable memories. Excursions, parties, sport activities and trips to the beach will all give you the opportunity to practice what you have learnt in a fun, realistic, and rewarding environment.

In order to ensure that you go on your language holiday well-prepared please find enclosed the address of your accommodation and language school. In addition, we have included the most important information about your language holiday which you will find here as well.

Should you or your parents have any questions prior to your departure, please feel free to contact us any time.

Our team in Frankfurt is available from Monday to Friday from 09:00 am to 07:00 pm:  
0049-69-6109120 or [u20@sprachcaffe.com](mailto:u20@sprachcaffe.com)!

*Have a great time in Canada!*

*Your team from Sprachcaffe U20 Junior Program!*

# Toronto

Your travel pack is very important. It contains all of the information about your arrival and departure, the school, your English lessons and of course your leisure time. On top of that you will find a lot of helpful information for the preparation of your language holidays in Toronto.

*Please do not travel without this travel pack!*

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## Your arrival

Your parents will likely book your flight to Toronto for you. In order to organize the airport transfer for you, your parents have to make sure that they inform us about your flight details at least two weeks prior to your arrival in Toronto.

*The details we need to know are: Your airline, flight number, the arrival date and time as well as the airport you are coming from.*

It is always helpful if you could let us know your details for your flight back so that we can organize a return transfer for you as well.

Should you travel together with your parents, and therefore do not need an airport transfer, please let us know what time you will be at your accommodation. We need to know the approximate time so that we can inform your group leaders.

### **Important information!**

**While booking your flight, please remember that the arrival in Toronto is always on a Sunday and departure on a Saturday!**

**Please also note that your arrival and departure have to be between 9.00 am and 9.00 pm.**

### **Unaccompanied minors**

Should your parents have booked the service for unaccompanied minors with the airline, please note that we have to be informed about this at least two weeks prior to your arrival in Toronto! As soon as we have the information we will let you know the name of the person who will meet you at the airport. Your parents will then have to give that name to the airline. Please understand that we will not be able to provide this special transfer service if we do not receive the information at least two weeks prior to your arrival.

### **Important information!**

**Please note that we only offer unaccompanied minor service if the airline requires it:**

**Surcharge = CAD 150 one way.**

### **Arrival in Toronto – Transfer**

After landing in Toronto you will go through customs and take your luggage from the baggage claim. The baggage claim will show your flight number and your destination of origin. As soon as you have found your luggage, please go to the exit which will take you to the arrival hall of Toronto Pearson International Airport.

### **Important information!**

**You might be asked at customs where you will be staying so please make sure you have your accommodation details and confirmation of your language course with you.**

In the arrival hall, you will meet our airport company who will take you to your accommodation. They will either be holding a sign with your name on it or a sign with the name of the school (GEOS and/or Sprachcaffe).

Should you not see your leader or the representative immediately, please don't panic! It is very possible that they are a few minutes late due to traffic conditions or other circumstances. Please just wait in the arrival hall and keep on looking for the sign with either your name or the name of the school. Geos or Sprachcaffe Languages Plus.

### **Important information!**

**Should you not have met the airport company after 15 minutes of waiting, please call the following phone number: 001 647 913 9096.**

Once you have met the airport company you might have to wait for other students arriving for a while. The leader will tell you if this is the case or not. The transfer then takes place via airport taxi and the school representative will take you from the airport to the residence and your room.



## Your luggage

You should check with your airline how much luggage you will be allowed to take with you. Normally you are allowed to take 20 kg plus one piece of hand luggage. When packing, please remember that you will have to carry your suitcase as well.

### Important information!

**You should always have a luggage label on your suitcase and hand luggage!**

In your **suitcase** you should bring

- ✓ Clothes
- ✓ Umbrella
- ✓ Beach towel
- ✓ Bath towels

In your **hand luggage** you should bring

- ✓ Your passport or ID card
- ✓ Visa (if necessary)
- ✓ Your flight ticket or E-ticket-number
- ✓ Your Voucher with all important information/emergency numbers
- ✓ Important pharmaceuticals (+ confirmation from your doctor to take them on the plane)
- ✓ Health insurance documents
- ✓ Contact details of your parents
- ✓ Pocket money
- ✓ Pillow to sleep on the plane

### Important information!

**Money or Prepaid Visa Cards should never be kept in your luggage! Please refer to your bank for further information about the Prepaid Visa Cards. We recommend an early application of the Prepaid Visa Cards.**

## Visa and Entry Conditions

Nationals of the following countries do not require a visa when entering as a tourist: Andorra, Antigua and Barbuda, Australia, Austria, Bahamas, Barbados, Belgium, Botswana, Brunei, Costa Rica, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Iceland, Ireland, Israel (National Passport holders only), Italy, Japan, Liechtenstein, Luxembourg, Malta, Mexico, Monaco, Namibia, Netherlands, New Zealand, Norway, Papua New Guinea, Portugal, Republic of Korea, Republic of Latvia, St. Kitts and Nevis, St. Lucia, St. Vincent, San Marino, Singapore, Solomon Islands, Spain, Swaziland, Sweden, Slovenia, Switzerland, United States, and Western Samoa.

Students from Czech Republic, Lithuania, Poland and Slovak Republic do require a visa.

*Please note that the visa conditions can change. Sprachcaffe cannot be held responsible for any wrong information given. We ask you to contact your local Canadian embassy or have a look at the homepage of the Canadian government (<http://www.cic.gc.ca/english/visit/visas.asp#exemptions>) to check if you need a visa.*

## Accommodation

You will likely find many differences in the way of living in Canada if you compare it to your home country. Usually the furnishing, the division of buildings and the cleanliness will be different than in your home country. The rooms in Canada are usually smaller so that you will generally only have a bed, a table and a wardrobe in there. You will share the bathroom with other students. You will either stay in a single or double room. In Toronto you will get bed linen, so you do not have to bring any yourself. But please remember to bring your own towels. Wifi is available in most host families.

In general, the families will introduce you to their habits on the day of your arrival, such as: general rules, the handing over of the key, times for meals etc. You normally share the bathroom with other members of the family. Please make sure that you always leave your room and bathroom clean and tidy and that you do not damage the furniture. Please also take the family into consideration and avoid unnecessary noise, especially late in the evening and at night. If you are not home for a meal, please let your host family know.

In Toronto you can also stay in our school residence. Your teamers will stay in the residence as well. So whenever you have a problem during nighttime, you can easily knock on their door. This large modern building is only 15 minutes away from Toronto's famous attractions and 5 minutes away from the next subway stop.

Bed linen is provided in the school residence. Please do not forget to bring your own towels! Rooms will be cleaned once a week. Facilities include internet access (for a small charge), a tourist information desk, lockers, rooftop sun decks and 24-hour reception. A supermarket is 10 minute walking distance away. With public transportation you will reach the school within 25 minutes. The address of your host family or the residence you will receive with your travel documents.

Please note that we cannot promise that you will be the only student of your nationality in your accommodation or room.

### **Important information!**

**Should you have any problems or questions, please contact your group leader! The group leaders are there to help you and they are available any time for you!**

## Meals

“When in Rome do as the Romans do“... In Canada the evening meal is the main meal of the day just like in England. For breakfast you will normally get cereal, toast, jam, coffee or tea. For lunch there is often only a small snack, for example a sandwich because it is often too hot for a big meal. At mealtimes the Canadians often drink simply water. The Canadian cuisine is similar to the American and English one and you can already guess that this means that you might have burgers as well as meat pie, stir fry or other meals for dinner.

## Pocket money

The question of how much pocket money to take is difficult to answer since the amount depends on age and individual habits. The organized leisure program with excursions and sports activities is already included. Our suggestion is about 180 CAD pocket money per week. It is best to change money locally since the exchange rate is usually better. You can also take Prepaid Visa Cards. Please refer to your bank for further information about the Prepaid Visa Cards. We recommend an early application of the Prepaid Visa Cards. You should take a bit of cash for the first few days (e.g. to phone home). Please note that for some activities we will use public transport, which is not included in the package. Everyone should therefore buy a weekly pass for public transportation. Your teamer will help you with that. The cost will be around 44 Canadian Dollar per week.

### **Important information!**

**Our suggestion is to take about 180 CAD pocket money per week.**

We always recommend taking a bit more money with you since it is difficult to transfer money from your home country to the destination of your language course.

## The school – Sprachcaffe Toronto / GEOS Languages Plus

The school in Toronto is located in the heart of the city which is called the Financial District. The school is within short walking distance of all main attractions, including the major entertainment and shopping districts and is easily accessible by public transit. The school has eight classrooms and free wifi. Vending machines for snacks and drinks are available.

Since you are working with copies, no books must be purchased.

The first school day starts punctually at 08:30 am. All language courses start with an entry test. Please complete the test carefully, because from this your language skills will be determined and it is used as a basis to divide all students into learning groups. Lessons start straight away after the test.

The school's address is:

**GEOS Languages Plus – Toronto**  
59 Adelaide Street East  
Toronto Ontario M5C 1K6

Tel.: 001 416 599 2120

U20 Emergency line Toronto: 001 647 913 9096

U20 Emergency line Frankfurt: 0049 (0) 163 35 41 074

Office hours: Mon – Fri 08:30 am – 05:30 pm

The staff at our school speaks the following languages: English and Japanese.

If you have any questions about your language course or if you wish to buy language books or materials, please contact our Academic Coordinator; she or he will be happy to help you.

### **Important information!**

**If you have problems or are dissatisfied, please talk to our local team or your group leader immediately. They will support you in every way they can. Please bring your passport and insurance papers on your first day of lessons! A tourist needs to travel with a valid health insurance!**

### **How to get to the school**

Take the Yonge-University-Spadina subway (yellow line) to King Station. Exit King Station and walk one block north on Yonge Street until you get to Adelaide Street. Turn right at Adelaide Street East and walk two and a half blocks to the school. The school is on the right.

### **The lessons**

All teachers are highly fluent English speakers who have academic qualifications as well as foreign language teaching experience. They are very enthusiastic and are always willing to answer any questions you might have.

The lesson plans vary: Most include indispensable grammar and vocabulary learning as well as an emphasis on communicative methods of learning. Role-plays and a lot of active speaking help you to overcome your fear of speaking the new language. The teachers also utilize current affairs topics such as politics, society and culture in the form of newspaper articles, radio broadcasts or TV programs. Our language courses will only be held in English to maximize your immersion in the language.

### **We offer two types of courses for the U20 Program in Toronto:**

- Standard Course 4 lessons daily (45 minutes/lesson)
- Intensive course 6 lessons daily (45 minutes/lesson)

The maximum number of participants per course is 15. On the recommendation of the teacher, a student can be put into a higher or lower level class during the course.

### **Important information!**

**In summer the classes we have morning and afternoon classes!**

Unfortunately classes that fall on public holidays cannot be made up. You will find information about Canada's public holidays in our brochure.

### **1st Day of School**

When do I have to be at school? What is the first day going to be like? You're probably asking yourself these questions and to help you prepare for your language travel, we would like to give you an outline of the first day of school.

- 8.30 – 10.00 am: Placement Test
- 10.15 – 11.30 am: School Orientation
- 11.30 – 12.30 pm: Lunch
- 12.30 – 2.00 pm: Walking Tour
- 2.00 – 3.00 pm: Free time
- 3.00 – 5.00 pm: Afternoon activity, the teamers explain all details of your language travel, time for you to ask questions
- 5.00 pm: End of the afternoon activity, free time
- 6.00 pm: Dinner in your accommodation
- 7.30 pm: Welcome party, where you can again meet all your new classmates

Please consider that the schedule can change at short notice!!!

**Please bring on your first day of school your passport along and a copy of your insurance card.**



## Helpful information

### Health care in Canada

Medical treatment is unfortunately not free in Toronto for foreigners. Should you get sick and need a doctor you will be asked to pay cash. You should therefore take some extra money for emergencies. We highly recommend buying health and travel insurance prior to departure.

### Insurance

We recommend taking out health and travel insurance. If you lose your luggage, if damage occurs, or if valuable items are missing, it can be a frustrating experience. A reimbursement without insurance is a time-consuming process that is not always very successful.

### Clothes

It is best to take casual clothes with you. We recommend that you also pack a warm pullover, as it occasionally can get cold during the summer. Furthermore most of the buildings are strongly air-conditioned; therefore you will also need a sweater or jacket indoors. For excursions we recommend a pair of practical shoes. Something a little smarter would also be good for special occasions. If you would like to do sport, take your sports clothes and shoes as well. Don't forget to pack your swimming clothes for days at the beach.

### Phone

The international code for Toronto is **001- 416 or 001 - 647**, plus the phone number. If you want to call your parents you have to dial 011 + country code + your number without 0 at the beginning. Please check with your parents prior to your departure what your country code is. Public telephones will usually take cards which you can buy in shops and at newspaper stands.

### Money

The official currency in Toronto is the Canadian Dollar. Your bank can give you the exact exchange rate. It is cheaper to change money in Canada but we recommend taking a little bit of pocket money for the first weekend.

### Safe

There is no safe in the residence/school that you can use. We therefore recommend taking Prepaid Visa Cards with you. Sprachcaffe cannot be held responsible for any loss or damage.

### Electricity

110 volts. You might need an adapter.

### Time difference

Canada is 6 hours behind CET (Central European Time). Depending on your home country, you will have to change your watch!

### Documents

Better safe than sorry! Please make a copy of all your important travel documents. For example: Flight ticket, insurance policy and passport. In case you lose important documents you can be helped faster if you have such copies. Please keep the copies separate from the original documents.

### Tip

10 to 15% of the total amount before tax is standard in Canada.

### Climate

Tales of igloos and sub-zero temperatures might be used to describe other cities in Canada, but not Toronto in the summer. Toronto is on the same latitude as Cannes on the sunny Riviera and just slightly — one degree — north of Boston. In fact, Lake Ontario serves to moderate Toronto's weather giving it four distinct seasons. Generally speaking, spring and summer temperatures range from 15°C (60F) to 25°C (80F). During winter months, the average daytime high, hovers just below freezing and a snowfall of more than 10 cm (four inches) is unusual.

## Applied geography

### Toronto

In the language of the native Huron Indians, Toronto literally means "a place to meet". As you will soon learn, to this day, no name could be more suitable for this city. Here in Toronto, American lifestyle meets Chinese splendour, British class with Latin temperament, old and new world coalesce to create something completely unique. Every day there is something new waiting to be discovered.

**CN Tower:** The famous CN Tower, a widely recognized symbol of Toronto, at 553 meters is one of the highest free standing buildings in the world. Once you have experienced the breath-taking view above the city stretching over Lake Ontario, you will have a hard time returning to sea level.

**Royal Ontario Museum:** The fifth largest museum in North America, the Royal Ontario Museum has a world renowned collection of art and artifacts. It is a keeping pace of almost 6 million objects, as well as the largest field-research institution in Canada.

**Toronto Islands:** Just a short ferry ride across the harbor, the Toronto Islands provide an auto-free environment and plenty of outdoor activities. Beaches, an amusement park, picnic grounds and art galleries are only a few of the possibilities awaiting you on the Islands. From the Toronto Islands you will have a beautiful view of Toronto skyline.

### Excursions

One-half-day excursion per week and one full-day-excursion per two weeks are included in the price already. The trips may take you to the following places for example:

- ✓ Niagara Falls
- ✓ Casa Loma
- ✓ Art Gallery of Ontario
- ✓ Ontario Science Centre
- ✓ Ontario Place
- ✓ Shopping trip to the Eaton Centre
- ✓ Canada's Wonderland
- ✓ Boat Cruise
- ✓ Sports Games
- ✓ Discovery walks: China Town & Little Italy
- ✓ Black Creek Pioneer Village

Please note that the activities and trips will vary slightly depending on weather conditions and number of students. There are usually-some extra activities offered as well that you can book for a small fee once you are in Toronto.

Your day will look like this:

Morning classes	Afternoon classes
09:00am-10:30am Class 10:30am-10:45am Break 10:45am-12:15am Class 12:15am-1:00pm Break 1:00pm –2:30pm Intensive course 3:00pm – 6:00pm Afternoon activity 6:30pm Dinner	09:00am-12:15pm Morning activity 12:15pm-1:00pm Break 1:00pm –2:30pm Intensive course 3:00pm – 4:30pm Class 4:30pm-4:45pm Break 4:45pm-6:15pm Class 6:30pm Dinner

Afterwards: spending time in the host family (or with teamers when staying in the residence).

## Leisure Program

Below you find a sample of our activity program for morning classes:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning</b>	9am- 12:30 Lessons	9am- 12:30 Lessons	9am- 12:30 Lessons	9am- 12:30 Lessons	9am- 12:30 Lessons		Enjoy your <b>FREE DAY</b> 
<b>Lunch break</b>	12:30 – 3pm*	12:30 – 3pm*	12:30 – 3pm*	12:30 – 3pm*	12:30 – 3pm*	Full day trip Niagara Falls	
<b>Afternoon</b>	Welcome tour and information afternoon Feel free to ask us all your questions Meet @ 3 pm 	CN Tower Meet @ 3 pm 	China Town Meet @ 3 pm 	Half day trip to Toronto Zoo Meet @ 3 pm 	Shopping on Yonge Street  Or: decoration for Bad Taste Party meet @ 3 pm	Meet @ 9 am 	

## Supervision

Our teamers supervise the leisure program. Please consider that Sprachcaffe Languages Plus is only responsible for students while supervised during leisure program. We expect you to behave in a respectful way and we are not responsible if you do not respect the rules or act at your own risk.

## Return trip

Please make sure to tell your group leaders your most up-to-date flight details a few days before you are going home so that your return transfer can be organized accordingly. On your departure date, your return transfer will pick you up from your accommodation and drop you off in front of your departure terminal.

### Important information!

**Please note we do not have a check-in-service at the airport!**

You will need to go into the terminal and walk to the check-in counter. Which counter you need to go to will be shown on the screens in the terminal. You should check in about 2 hours before your flight departs. After that, please go through security straight away. During the high summer season, this can take a while.

### Meals for your return journey

We would like to inform you that you need to cater for yourself on your return journey. The last meal in your accommodation usually will be breakfast. Please make sure you have enough pocket money left on the last day so you can buy some food.



## Checklist for your language holiday

- Small present for your hosts (optional)
- Inform Sprachcaffe about your flight details and arrival time
- Tell your friends your address in Toronto
- Send the contact form and signed rules back to Sprachcaffe

### Clothes

- |   |  |  |                                   |
|---|--|--|-----------------------------------|
| <input type="checkbox"/> Trousers, shorts | <input type="checkbox"/> Dresses, skirts | <input type="checkbox"/> Shirts, blouses | <input type="checkbox"/> T-Shirts |
| <input type="checkbox"/> Jacket           | <input type="checkbox"/> Pyjamas         | <input type="checkbox"/> Underwear       | <input type="checkbox"/> Swimsuit |
| <input type="checkbox"/> Socks            | <input type="checkbox"/> Shoes           |  |                                   |

### Cosmetics

- |                                  |                                     |  |  |
|----------------------------------|-------------------------------------|--|--|
| <input type="checkbox"/> Towels  | <input type="checkbox"/> Hair dryer | <input type="checkbox"/> Shower gel/soap | <input type="checkbox"/> Body lotion       |
| <input type="checkbox"/> Brush   | <input type="checkbox"/> Shaver     | <input type="checkbox"/> Washing powder  | <input type="checkbox"/> Tooth brush/cream |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Make-Up    |  |  |

### First-aid kit

- |   |                                    |  |   |
|---|------------------------------------|--|---|
| <input type="checkbox"/> Plasters       | <input type="checkbox"/> Sun cream | <input type="checkbox"/> Cold medicine         | <input type="checkbox"/> After-bite cream |
| <input type="checkbox"/> Pain relievers | <input type="checkbox"/> Ointment  | <input type="checkbox"/> Medicine for diarrhea |   |

### Leisure

- |                                 |                                  |                                 |   |
|---------------------------------|----------------------------------|---------------------------------|---|
| <input type="checkbox"/> Camera | <input type="checkbox"/> Charger | <input type="checkbox"/> Mobile | <input type="checkbox"/> Deck of cards and dice |
|---------------------------------|----------------------------------|---------------------------------|---|

### Miscellaneous

- |                                       |                                       |   |   |
|---------------------------------------|---------------------------------------|---|---|
| <input type="checkbox"/> Alarm clock  | <input type="checkbox"/> Neck pouch   | <input type="checkbox"/> Sewing kit                             | <input type="checkbox"/> Stationary (ex: some pens) |
| <input type="checkbox"/> Sunglasses   | <input type="checkbox"/> Address book | <input type="checkbox"/> Writing pad                            | <input type="checkbox"/> Glasses/Contact lenses     |
| <input type="checkbox"/> Travel guide | <input type="checkbox"/> Dictionary   | <input type="checkbox"/> Adapter (alternating current 240 Volt) |   |

### Don't forget

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Money, Prepaid Visa Cards | <input type="checkbox"/> Passport/ID             | <input type="checkbox"/> Insurance documents |
| <input type="checkbox"/> Flight ticket             | <input type="checkbox"/> Sprachcaffe Travel Pack |  |

**Photocopy of documents (passport, ID flight ticket, health insurance documents, booking voucher) should be kept separately.**

## For the pin board at home:

**Address of the school in Toronto:**      **Sprachcaffe Toronto / GEOS Languages Plus**  
59 Adelaide Street East  
Toronto Ontario M5C 1K6  
Tel.: 001 416 599 2120

Office hours:      Mon – Fri 08:30 am – 05:30 pm

**Address Sprachcaffe Frankfurt: Sprachcaffe Reisen GmbH**  
Gartenstraße 6  
60594 Frankfurt am Main  
Germany

Phone:              0049 (0) 69 6109120  
Office hours:      Mon – Fri 09:00 am – 07:00 pm CET

**Emergency numbers Toronto:**      **001 647 913 9096**

**Please only use the emergency numbers in cases of real emergencies!**

### **Feedback**

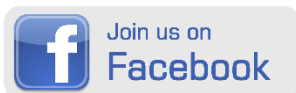
Before the everyday routine sets in completely we would be very pleased if you could give us your feedback. As a participant you can tell us about your experiences, just fill out the online form at

<http://www.sprachcaffe.com/english/feedback.htm>

or

[http://www.facebook.com/Sprachcaffe/app\\_13995986674#!/Sprachcaffe/app\\_13995986674](http://www.facebook.com/Sprachcaffe/app_13995986674#!/Sprachcaffe/app_13995986674)

We always welcome ideas, tips and constructive criticism!



<http://www.facebook.com/Sprachcaffe>



## Emergency contact details

STUDENT'S NAME:

\_\_\_\_\_

SCHOOL:

\_\_\_\_\_

DATES:

\_\_\_\_\_

NAME OF CONTACT PERSON:

\_\_\_\_\_

RELATION:

\_\_\_\_\_

PHONE (PRIVATE):

\_\_\_\_\_

PHONE (BUSINESS):

\_\_\_\_\_

PHONE (STUDENT):

\_\_\_\_\_

E-MAIL:

\_\_\_\_\_

All information will only be used in case of emergency!

**PLEASE SEND BACK TO THE SPRACHCAFFE OFFICE BEFORE YOU TRAVEL!**



**INFORMATION REGARDING ALLERGIES, DIETS OR OTHER SPECIAL CONCERNS**

PLEASE LET US HERE KNOW WHETHER YOUR SON/ DAUGHTER HAS ALLERGIES, NEEDS A SPECIAL DIET, NEEDS TO TAKE MEDICIN AND YOU WISH US TO ASSIST OR HAS ANY OTHER SPECIAL REQUESTS:

NAME OF MY SON/DAUGHTER: \_\_\_\_\_

NAME OF PARENT: \_\_\_\_\_

ALLERGIES, DIETS OR SPECIAL REQUESTS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
SIGNATURE OF PARENT



## PARENTAL AUTHORISATION

HEREWITH I CONFIRM THAT MY DAUGHTER/ SON IS ALLOWED TO TRAVEL ON HIS/HER OWN WITHOUT BEING ACCOMPANIED BY AN ADULT.

NAME OF MY SON/DAUGHTER: \_\_\_\_\_

NAME OF PARENT: \_\_\_\_\_

ATTACHED YOU WILL FIND A COPY OF MY PASSPORT (PARENTS)

\_\_\_\_\_  
SIGNATURE OF PARENT

Please carry this document with you and show it to the airline if asked.



## U20 Rules and Regulations

### General rules

1. **Alcohol:** U20 students are not allowed to buy or drink alcohol.
2. **Smoking:** Students under the age of 18 on the U20 programme are not allowed to smoke. Students older than 18 are encouraged not to smoke in the presence of other U20 students.
3. **Drugs:** Drugs are strictly forbidden. Students found to be in possession of drugs will be sent home at their own expense.
4. **Violence/Stealing:** If students are violent towards staff, other students, host families or anyone else Sprachcaffe reserves the right to send them home on their own cost. The same applies to stealing.
5. **Warning:** If students do not obey the rules the Teamer Coordinator can give them an official warning, which also means that their parents will be informed about the misbehavior. After the third official warning Sprachcaffe reserves the right to send the student home at their own expense.
6. **Free time:** U20 students are allowed to be without a Teamer in their free time, but never alone. They should be in groups of at least two students. Furthermore, U20 students are not allowed to organize any trips for themselves or to leave the destination even with the permission of their parents.
7. **Hitchhiking:** Hitchhiking is not allowed for safety reasons.
8. **Swimming:** Swimming is allowed if students can swim, but is at the students' own risk. Unless informed otherwise, it will be assumed that students are able to swim. We would like to highlight that swimming is not an organized activity and that Sprachcaffe cannot take responsibility for students while swimming.
9. **Law:** The local law of the country students are studying in has always to be respected and followed.
10. **Adult students:** Students over 18 year of age do not have to obey the rules unless they are taking part in the organized leisure activities for all U20 students. However, we expect that they always behave in a respectful way.
11. **Responsibility:** Sprachcaffe Languages Plus is only responsible for students while they are supervised during the leisure programme. If students do not respect the rules Sprachcaffe Languages Plus will not responsible for any problems or accidents occurring.

### School

12. **Attendance:** Taking part in lessons and the daily information meetings with the Teamers is mandatory.
13. **Punctuality:** We expect the students to be on time for their lessons. If students are late or not able to come to the lessons for any other reason, they need to inform their Teamers.
14. **Mobiles:** The use of mobiles during classes and information meetings is not allowed.
15. **Food and drinks:** Food and drinks (except for water) are not allowed during lessons.
16. **Tidiness at school:** We expect the U20 students to help us keeping the school tidy and use the bins and not to leave empty bags, packets, food, bottles or any other items in the student rooms or around the school.

### Accommodation



- 17. **Tidiness at home:** Host families are not hotels. We therefore ask every student to make his bed and keep his bedroom clean and tidy.
- 18. **Communication with the host family:** We expect the U20 students to let their host family know when they will be back from the leisure activities and to inform if they will arrive later for dinner.
- 19. **Rules of the host family:** Students also need to respect the rules of their host family.
- 20. **Noise:** At the residences students should respect their fellow guests and not cause any disturbance or loud noise after 10pm.
- 21. **Curfew:** Students can go out until 11pm. After this all students need to be back at their host families and in the residences. The curfew does not apply for U20 events organised by the Sprachcaffe team, which can occasionally finish later. Group leaders have the right to adjust the curfew according to external circumstances.
- 22. **Damage:** If students cause any damage to the residence or at the host family, Sprachcaffe will ask the student's parents to refund the costs of the damage.
- 23. **Accommodation:** Boys and Girls will be accommodated separately.

Should a student break the U20 rules or the laws of the host country, Sprachcaffe is entitled to send the student home at their own expense immediately.

I CONFIRM THAT MY SON/DAUGHTER AND I HAVE READ AND UNDERSTOOD THE ABOVE STATED RULES. WE CONFIRM THAT WE ACCEPT THEM.

NAME: \_\_\_\_\_

COURSE IN/ DATES: \_\_\_\_\_

\_\_\_\_\_  
SIGNATURE OF PARENT

\_\_\_\_\_  
SIGNATURE OF STUDENT

**THIS FORM NEEDS TO BE SENT BACK TO SPRACHCAFFE PRIOR TO DEPARTURE!!!**