

Nice

Languages for **young** people



est. 1983

35
YEARS



1 ORGANISATION • 7 LANGUAGES • 30 DESTINATIONS • COUNTLESS MEMORIES...

WELCOME TO THE WORLD OF SPRACHCAFFE

You are obviously determined not only to have a great holiday, but also to improve your French language skills – what a fabulous idea!

Get ready to have a great time with young people from all over the world and go back home with unforgettable memories. Excursions, parties, sport activities and trips to the beach will all give you the opportunity to practice what you have learnt in a fun, realistic, and rewarding environment.

In order to ensure that you go on your language holiday well prepared please find enclosed the address of your accommodation and language school. In addition, we have included the most important information about your language holiday which you will find here as well.

Should you or your parents have any questions prior to your departure, please feel free to contact us any time.

Our team in Frankfurt is available from Monday to Friday from 09:00am to 07:00pm: 0049 (0) 69 6109 120 or u20@sprachcaffe.com!

Bon séjour à Nice!

Your team from Sprachcaffe U20 Junior Program

Nice

Your travel pack is very important. It contains all of the information about your arrival and departure, the school, your French lessons and of course your leisure time. On top of that you will find a lot of helpful information for the preparation of your language holidays in Nice.

Please do not travel without this travel pack!

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Your arrival

Your parents will likely book your flight/train to Nice for you. In order to organize the transfer for you, your parents have to make sure that they inform us about your flight/train details at least one week prior to your arrival in Nice.

The details we need to know are: Your flight/train number, the arrival time and the airport/station you are coming from.

It is always helpful if you also let us know your details for your flight/train back, so that we can already organize your return transfer for you.

Should you travel together with your parents, and therefore do not need a transfer, please let us know what time you will be at your accommodation. We need to know the approximate time so that we can inform your group leaders/hosts.

Important information!

When booking your flight/train, please remember that the arrival in Nice is always on a Sunday and departure on a Saturday!

You should also make sure that your arrival and departure time in Nice are between 08:00am and 08:00pm!

Unaccompanied minors

Should your parents have booked the service for unaccompanied minors with the airline, please note that we have to be informed about this at least two weeks prior to your arrival in Nice! As soon as we have the information we will let you know the name of the person that will meet you at the airport. Your parents will then have to give that name to the airline. Please understand that we are unable to organize this special transfer, should we receive the information later than two weeks prior to your arrival.

Important information!

**Please note that we only offer unaccompanied minor service if the airline requires it:
Surcharge = 150€ one way.**

Arrival in Nice – Transfer

After landing in Nice you will go through customs and take your luggage from the baggage claim. The baggage claim will show your flight number and your destination of origin. As soon as you have found your luggage, please go to the exit which will take you to the arrival hall of the airport.

You will meet the driver (or the host mother) that will take you to your accommodation in the arrivals hall. He will hold a “Sprachcaffe-sign” or “IEA-Sign”, or a sign with your own name which you should look out for.

If you arrive by train the driver will wait for you in the arrivals hall.

Should you not see the driver immediately, please don't panic! It is very well possible that the driver will be a few minutes late due to traffic conditions. Please just wait at the information desk at the arrival hall and keep on looking for the Sprachcaffe-, IEA-sign or your own name on a notice board.

Important information!

Should you not have met the driver after 15 minutes of waiting, please call the following phone number: 0033-617-967579 if you booked Residence or 0033-619-864901 if you booked host family.

Once you have met the driver you might have to wait for other students arriving for a while. The driver will tell you if this is the case or not. The driver will then take you from the airport/station to the residence or host family,

depending on what type of accommodation you have booked. Transfer sometimes is not organized by taxi but also by public transport.

Your Luggage

You should check with your airline how much luggage you will be allowed to take. Normally you are allowed to take 20kg plus one piece of hand luggage. When packing, please remember that you will have to carry your suitcase as well.

Important information!

You should always have a luggage label on your suitcase and hand luggage!

In your **suitcase** you should bring

- ✓ Clothes
- ✓ Umbrella
- ✓ Beach towel
- ✓ Bath towels

In your **hand luggage** you should bring

- ✓ Your passport or ID card
- ✓ Visa (if necessary)
- ✓ Your flight ticket or E-ticket-number
- ✓ Your Voucher with all important information/emergency numbers
- ✓ Important pharmaceuticals (+ confirmation from your doctor to take them on the plane)
- ✓ Health insurance documents
- ✓ Contact details of your parents
- ✓ Pocket money
- ✓ Pillow to sleep on the plane

Important information!

Money or prepaid visa cards should never be kept in your luggage!

Visa and Entry Conditions

As France is a member of the EU, EU nationals can enter the country with a valid passport or ID card. Non-EU nationals should check visa and entry requirements at the French consulate.

Accommodation

You will most probably find many differences in the way of living in France if you compare it to your home country. Usually the furnishing, the division of buildings and the cleanliness will be different than in your home country. The rooms in France are usually smaller so that you will generally only have a bed, a table and a wardrobe in there. You will share the bathroom with the other students (residence) or with your hosts (host family). In Nice you will get bed-linen, so you do not have to bring any yourself. But please remember to bring towels yourself. There is a basic cleaning once a week. If you are staying more than two weeks and need new bed-linen please ask your teacher for help.

During the summer you can also stay in our school residence, double room, with private bathroom and air condition. Our residence offers free Wifi. Please do not forget to bring your towels as they will not be provided in the residence. For your stay at the residence we demand a **deposit of 100,- EUR**, which will be returned at the end of your stay provided that you haven't damaged anything. In case of losing the key we kindly ask you to pay 80,- EUR.

Please note that we cannot promise that you will be the only student of your nationality in your accommodation or room.

Important information!

Should you have any problems or questions, please contact your group leader! The group leaders are there to help you and they are available any time for you!

Meals

„When in Rome do as the Romans do“...Different countries, different customs. In France you will probably have adapt a little bit if you are used to a big breakfast. Breakfast in France normally consists of the famous baguettes with jam, nutella, butter, orange juice, milk, tea, hot chocolate or coffee. French people love the Café au lait which is a coffee with lots of milk. You will be given packed lunches. The main meal is then, as in almost all Mediterranean countries, the evening meal, which is served late and where you take a lot of time.

Pocket money

The question of how much pocket money to take is difficult to answer since the amount depends on age and individual habits. The organized leisure program with excursions, sport or party is already included. Our suggestion is about 200,-EUR pocket money per week (+ 100,- EUR deposit if you stay at the residence). It is best to change money locally since the exchange rate is usually better. You can also take a prepaid visa card, a visa card for minors which we recommend for travelling abroad. Please inform you about the visa card in your bank in your home country. You should take a bit of cash for the first few days (e.g. to phone home). Please note that for some activities we will use public transport which is not included in the package. Everyone should therefore buy a weekly pass for public transport.

Important information!

Our suggestion is to take about 200,- EUR pocket money per week.

We recommend to always take a bit more money with you since it is difficult to transfer money from your home country to the destination of your language course.

The school – Sprachcaffe Languages Plus

Except July and August, our school is located in a nice building close to the old city and the beach. The school has 5 bright and pleasant classrooms and free internet access.

The first school day starts punctually at 8:30. Please make sure you arrive on schedule. All language courses start with an entry test which should be done online **prior to arrival**. Please complete the test carefully, because from this your language skills will be determined and it is used as a basis to divide all students into learning groups. Lessons start straight away after the test.

From **24th of June to 1st of September we will use another building for the U20 classes.**

The address is:

Aumonerie des Lycées
3 rue Pierre Dévoluy
06000 Nice

In the other month we use the following school:

Sprachcaffe / IEA
4, rue Foncet
06000 Nice
France

Phone.: 0033 493 55 40 95
Office hours: Mo.-Fr. 09:00am till 02:30pm
Emergency number (Residence): 0033 (0) 617 967579
Emergency number (host family): 0033 (0) 619 864901

The staff at our school speaks the following languages: French, English, German and Italian.

Important information!

If you have problems or are dissatisfied, please talk to our local team or your group leader immediately. They will support you in every way they can.

The lessons

All teachers are native speakers who have academic qualifications as well as foreign language teaching experience. They are very enthusiastic and are always willing to answer any questions you might have.

The lesson plans vary: As well as on the indispensable grammar and vocabulary learning we also put emphasis on communicative methods of learning. Role-plays and a lot of active speaking help you to overcome your fear of speaking the new language. The teachers also utilize current affairs topics such as politics, society and culture in the form of newspaper articles, radio broadcasts or TV programs. Our language courses will only be held in French to maximize your immersion in the language.

We offer two types of courses:

- Standard course 4 lessons à 45 minutes
- Intensive course 6 lessons à 45 minutes

Since the course groups are split up according to language levels, participants for both the semi-intensive and intensive course can be in one group together. The maximum number of participants in one course is 15.

On the recommendation of the teacher a student can be put into a higher or lower level class during the course.

Important information!

For organizational reasons the timetable might change slightly. In summer the lessons may take place in the afternoon.

Unfortunately classes that fall on public holidays cannot be made up. You will find information about France's public holidays in our brochure.

1st Day of School

When do I have to be at school? What is the first day going to be like? You're probably asking yourself these questions and to help you prepare for your language travel, we would like to give you an outline of the first day of school.

08.30 – 9.00 am: Meeting and introduction of the classes for all students, all teachers introduce themselves, if necessary language test

9.00 – 10.30 am: Class

10.30 – 10.45 am: Teamers introduce themselves and divide students into groups

10.45 – 12.15 pm: Class

12.15 – 1.00 pm: Lunch break for all intensive courses

12.15 – 3.00 pm: Lunch break for all standard courses + free time

1.00 – 2.30 pm: Intensive course

3.00 – 5.00 pm: Orientation tour, we introduce you to the destination and to all its characteristics, the teamers explain all details of your language travel, time for you to ask questions

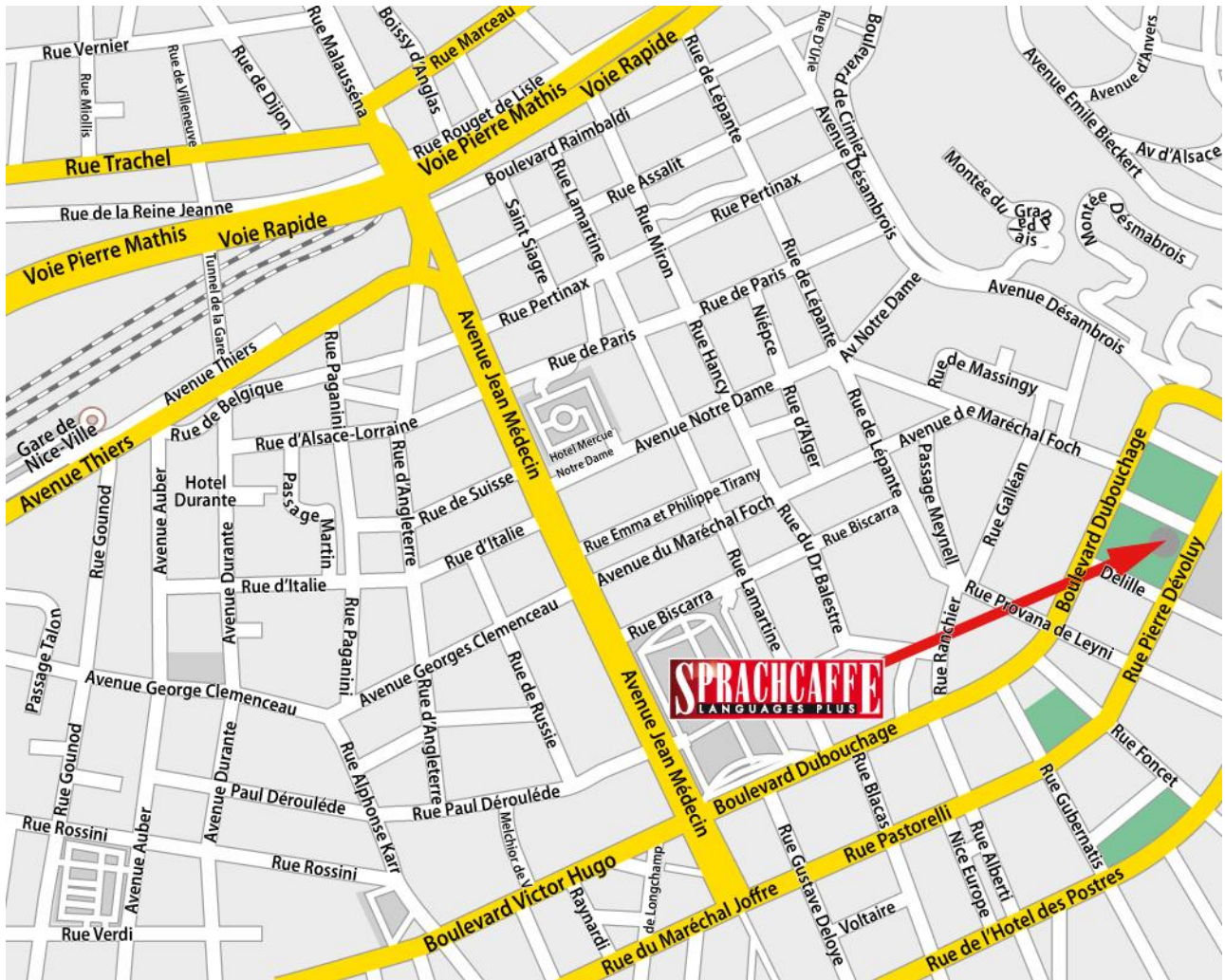
5.00 pm: End of the afternoon activity, free time

7.00 pm: Dinner in your accommodation

Please consider that the schedule can change at short notice!!!

Map

U2O school in high season



Helpful information

Health care in France

If you get sick while you are in France, your group leaders will call a doctor for you. EU-nationals can use the insurance card from their home country, but usually the doctors need to be paid cash. In such cases you can claim most costs back the money from your insurance afterwards. For all students, especially non EU-nationals we highly recommend a health insurance!

Insurance

We recommend taking out health and travel insurance. If you lose your luggage, if damage occurs or valuable items are missing it is always annoying and a reimbursement without insurance is a time-consuming process and not always very successful.

Clothes

It is best to take casual clothes with you. We recommend that you also pack a warm pullover, as it occasionally can get cold in the evenings. For excursions we recommend a pair of practical shoes. Something a little smarter would also be good for special occasions and for the clubs. Don't forget to pack your swimming things.

Phone

The international code for France is **0033**, plus the phone number. If you want to phone to your home country, please check with your parents which is the international code for the country you are coming from. There are card telephones everywhere in the city. You can buy telephone cards in the shops and at the newspaper stands.

Money

The official currency in France is the Euro. Your bank can give you the exact exchange rate. It is usually cheaper to change money in France, but we recommend taking a little bit of pocket-money for the first weekend.

Safe

In Nice there is no safe to be used, so we recommend taking traveler checks. Sprachcaffe cannot be held responsible for any loss or damage.

Electricity

220 volts. You might need an adaptor.

Time difference

In Nice they are on Central European Time, CET. Depending on your home country, you might have to change your watch!

Documents

Better to be safe than sorry! Please make a copy of all your important travel documents. For example: flight ticket, insurance policy and passport. In case you lose important documents you can be helped quicker if you have such copies. Please keep the copies separate from the original documents.

Public holidays

Unfortunately classes that fall on Public holidays cannot be made up. You will find information about France's Public Holidays in our brochure.

Climate

Nice has a mild climate the whole year round, in summer, at times, it is persistently hot. In winter the average temperature is between 4 and 13 degrees and in summer between 18 and 27 degrees.

Applied geography

Nice

Nice is more than the capital of the Côte D' Azur. It is the fifth largest town in France and contains great wealth of fine architecture and culture. Ruins, museums, boutiques, outdoor markets, an appealing café culture and a vibrant night life make Nice a great place to visit.

The atmosphere in Nice is very relaxed and thanks to rich history of the region, it has a very distinct culture. In addition to the French Riviera carefree culture, there are also tangible Italian and Corsican influences.

And with Jazz Festival in July, Carnival in February, and art exhibitions the whole year round, there is always something going on in Nice.

Excursions

If you are staying for two weeks one full day and two half day excursion are included in the price already. If you are staying for three weeks you will be taking part in two full day trips and three half day trips. The trips will take you to the following places for example:

- ✓ Cannes
- ✓ Villefranche sur mer
- ✓ Monaco
- ✓ Parc Floral Phoenix

Please note that the activities and trip might vary slightly depending on weather conditions and number of students. There are usually also some extra activities offered that you can book for a small fee once you are in Nice.

Return trip

On your departure our transfer will take you to the airport. You will be informed about the pick-up time by your group leader. Please make sure you tell your group leaders your flight details a few days before you are going home so that the transfer can be organized accordingly

Normally there will be no group leader going to the airport with you. Our driver will drop you off in front of the right departure terminal.

Please note! We do not have a check-in-service!

You will go into the terminal and walk to the check-in counter. Which one you need to go to will be shown on the screen in the terminal. You should check in about 2 hours before your flight departs. After that, please go through security straight away, because especially during high season this can take a while.

Meals for your return journey

We would like to inform you that you need to cater for yourself on your return journey. The last meal in your accommodation usually will be breakfast. Please make sure you have enough pocket money left on the last day so you can buy some food.

Checklist for your language holiday

- Small present for your hosts (optional)
- Inform Sprachcaffe about your flight details and arrival time
- Tell your friends your address in Nice
- Send the contact form and signed rules back to Sprachcaffe

Clothes

- | | | | |
|---|--|--|-----------------------------------|
| <input type="checkbox"/> Trousers, shorts | <input type="checkbox"/> Dresses, skirts | <input type="checkbox"/> Shirts, blouses | <input type="checkbox"/> T-Shirts |
| <input type="checkbox"/> Jacket | <input type="checkbox"/> Pyjamas | <input type="checkbox"/> Underwear | <input type="checkbox"/> Swimsuit |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Shoes | | |

Cosmetics

- | | | | |
|----------------------------------|-------------------------------------|---|--|
| <input type="checkbox"/> Towels | <input type="checkbox"/> Hair dryer | <input type="checkbox"/> Shower gel/ soap | |
| <input type="checkbox"/> Brush | <input type="checkbox"/> Shaver | <input type="checkbox"/> Washing powder | <input type="checkbox"/> Tooth brush/cream |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Make-Up | <input type="checkbox"/> Body lotion | |

First-aid kit

- | | | |
|---|--|--|
| <input type="checkbox"/> Plasters | <input type="checkbox"/> Sun cream | <input type="checkbox"/> Cold medicine |
| <input type="checkbox"/> Pain relievers | <input type="checkbox"/> Ointment | <input type="checkbox"/> Medicine for diarrhea |
| <input type="checkbox"/> After-bite cream | <input type="checkbox"/> Anti-allergic agent | |

Leisure

- | | | | |
|---------------------------------|----------------------------------|---------------------------------|---|
| <input type="checkbox"/> Camera | <input type="checkbox"/> Charger | <input type="checkbox"/> Mobile | <input type="checkbox"/> Deck of cards and dice |
|---------------------------------|----------------------------------|---------------------------------|---|

Miscellaneous

- | | | | |
|---------------------------------------|---------------------------------------|---|---|
| <input type="checkbox"/> Alarm clock | <input type="checkbox"/> Neck pouch | <input type="checkbox"/> Sewing kit | <input type="checkbox"/> Stationary (ex: some pens) |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Address book | <input type="checkbox"/> Writing pad | <input type="checkbox"/> Glasses/Contact lenses |
| <input type="checkbox"/> Travel guide | <input type="checkbox"/> Dictionary | <input type="checkbox"/> Adapter (alternating current 240 Volt) | |

Don't forget

- | | | |
|--|--|--|
| <input type="checkbox"/> Money, Travellercheques | <input type="checkbox"/> Passport/ID | <input type="checkbox"/> Insurance documents |
| <input type="checkbox"/> Flight ticket | <input type="checkbox"/> Sprachcaffe Travel Pack | |

Photocopy of documents (passport, ID flight ticket, health insurance documents, booking voucher) kept separately.

For the pin board at home

Address of the school:

Sprachcaffe / IEA

4, rue Foncet

06000 Nice

France

Phone.: 0033 - 493 – 55 4095

Office hours: Mo.-Fr. 9am - 2:30pm CET

Emergency number (Residence): 0033 617 967579

Emergency number (host family): 0033 619 864901

From 25th of June to 1st of September:

Aumonerie des Lycées

3 rue Pierre Dévoluy

06000 Nice

Office hours: Mo.-Fr. 9am - 2:30pm CET

Emergency number (Residence): 0033 617 967579

Emergency number (host family): 0033 619 864901

Address of the residence:

Residence Azur

25 rue Assalit

06000 Nice

Please only use the emergency number in cases of real emergencies!

Feedback

Before the everyday routine sets in completely we would be very pleased if you could give us your feedback. As a participant you can tell us about your experiences, just fill out the online form at

<http://www.sprachcaffe.com/english/feedback.htm>

or

http://www.facebook.com/Sprachcaffe/app_13995986674#!/Sprachcaffe/app_13995986674

We always welcome ideas, tips and constructive criticism!



<http://www.facebook.com/Sprachcaffe>



Emergency contact details

STUDENT'S NAME:

SCHOOL:

DATES:

NAME OF CONTACT PERSON:

RELATION:

PHONE (PRIVATE):

PHONE (BUSINESS):

PHONE (STUDENT):

E-MAIL:

All information will only be used in case of emergency!

PLEASE SEND BACK TO THE SPRACHCAFFE OFFICE BEFORE YOU TRAVEL!



INFORMATION REGARDING ALLERGIES, DIETS OR OTHER SPECIAL CONCERNS

PLEASE LET US HERE KNOW WHETHER YOUR SON/ DAUGHTER HAS ALLERGIES, NEEDS A SPECIAL DIET, NEEDS TO TAKE MEDICINE AND YOU WISH US TO ASSIST OR HAS ANY OTHER SPECIAL REQUESTS:

NAME OF MY SON/DAUGHTER: _____

NAME OF PARENT: _____

ALLERGIES, DIETS OR SPECIAL REQUESTS:

SIGNATURE OF PARENT



PARENTAL AUTHORISATION

HEREWITH I CONFIRM THAT MY DAUGHTER/ SON IS ALLOWED TO TRAVEL ON HIS/HER OWN WITHOUT BEING ACCOMPANIED BY AN ADULT.

NAME OF MY SON/DAUGHTER: _____

NAME OF PARENT: _____

ATTACHED YOU WILL FIND A COPY OF MY PASSPORT (PARENTS)

SIGNATURE OF PARENT

Please send carry this document with you and show it to the airline if asked.

U20 Rules and Regulations

General rules

1. Alcohol: U20 students are not allowed to buy or drink alcohol.

Addition for Malta: According to Maltese law, students over 17 years are allowed to drink beer, wine and sparkling wine within reasonable limits.
2. Smoking: Students under the age of 18 on the U20 programme are not allowed to smoke. Students older than 18 are encouraged not to smoke in the presence of other U20 students.
3. Drugs: Drugs are strictly forbidden. Students found to be in possession of drugs will be sent home at their own expense.
4. Violence/Stealing: If students are violent towards staff, other students, host families or anyone else Sprachcaffe reserves the right to send them home on their own cost. The same applies to stealing.
5. Warning: If students do not obey the rules the Teamer Coordinator can give them an official warning, which also means that their parents will be informed about the misbehavior. After the third official warning Sprachcaffe reserves the right to send the student home at their own expense.
6. Free time: U20 students are allowed to be without a Teamer in their free time, but never alone. They should be in groups of at least two students. Furthermore, U20 students are not allowed to organize any trips for themselves or to leave the destination even with the permission of their parents.
7. Hitchhiking: Hitchhiking is not allowed for safety reasons.
8. Swimming: Swimming is allowed if students can swim, but is at the students' own risk. Unless informed otherwise, it will be assumed that students are able to swim. We would like to highlight that swimming is not an organized activity and that Sprachcaffe cannot take responsibility for students while swimming.
9. Law: The local law of the country students are studying in has always to be respected and followed.
10. Adult students: Students over 18 year of age do not have to obey the rules unless they are taking part in the organized leisure activities for all U20 students. However, we expect that they always behave in a respectful way.
11. Responsibility: Sprachcaffe Languages Plus is only responsible for students while they are supervised during the leisure programme. If students do not respect the rules Sprachcaffe Languages Plus will not responsible for any problems or accidents occurring.



School

- 12. Attendance: Taking part in lessons and the daily information meetings with the Teamers is mandatory.
- 13. Punctuality: We expect the students to be on time for their lessons. If students are late or not able to come to the lessons for any other reason, they need to inform their Teamers.
- 14. Mobiles: The use of mobiles during classes and information meetings is not allowed.
- 15. Food and drinks: Food and drinks (except for water) are not allowed during lessons.
- 16. Tidiness at school: We expect the U20 students to help us keeping the school tidy and use the bins and not to leave empty bags, packets, food, bottles or any other items in the student rooms or around the school.

Accommodation

- 17. Tidiness at home: Host families are not hotels. We therefore ask every student to make his bed and keep his bedroom clean and tidy.
- 18. Communication with the host family: We expect the U20 students to let their host family know when they will be back from the leisure activities and to inform if they will arrive later for dinner.
- 19. Rules of the host family: Students also need to respect the rules of their host family.
- 20. Noise: At the residences students should respect their fellow guests and not cause any disturbance or loud noise after 10pm.
- 21. Curfew: Students can go out until 11pm. After this all students need to be back at their host families and in the residences. The curfew does not apply for U20 events organised by the Sprachcaffe team, which can occasionally finish later. Group leaders have the right to adjust the curfew according to external circumstances.
- 22. Damage: If students cause any damage to the residence or at the host family, Sprachcaffe will ask the student's parents to refund the costs of the damage.
- 23. Accommodation: Boys and Girls will be accommodated separately.

Should a student break the U20 rules or the laws of the host country, Sprachcaffe is entitled to send the student home at their own expense immediately.

I CONFIRM THAT MY SON/DAUGHTER AND I HAVE READ AND UNDERSTOOD THE ABOVE STATED RULES. WE CONFIRM THAT WE ACCEPT THEM.

NAME: _____

COURSE IN/ DATES: _____

SIGNATURE OF PARENT

SIGNATURE OF STUDENT

THIS FORM NEEDS TO BE SENT BACK TO SPRACHCAFFE PRIOR TO DEPARTURE!!!